

Marathon Health Anywhere

Extensive service offerings to spark your health journey



Prevention

Health Screenings

- Preventive Screenings
- Virtual Annual Physical
- Blood Pressure
- Body Mass Index
- Cholesterol
- Glucose

Health Coaching

Coaching and education by health coaches

- Nutrition
- Physical Activity
- Tobacco Cessation
- Stress Management
- Weight Loss

Chronic Condition

- Arthritis
- Asthma
- COPD
- Depression
- Diabetes
- Heart Health
- Low Back Pain
- Sleep Apnea
- Digital medicine tools, including BP cuffs, glucometers, scales
- Marathon Health Connected Care programs for at-home monitoring



Sick Visits

- Bronchitis
- Common Cold
- Constipation
- Cough
- Diarrhea
- Eye Infections
- Headache
- Joint Pain
- Nausea and Vomiting
- Nosebleed
- Sinus Infections
- Skin Infections
- Strep Throat



Medications

- Prescriptions for conditions treated by our providers
- Prescription home delivery



Behavioral Health

- Anxiety
- Depression
- Eating disorders
- Grief
- PTSD



Privacy

The care you receive by Marathon Health is confidential and protected by state and federal law.

Marathon Health Anywhere

Monday – Friday: 7am – 5pm (all time zones)
For care needed outside of normal hours, call 888-830-6538 to speak to a nurse to assess your medical needs.



SCHEDULE AN APPOINTMENT

Learn more about eligibility, cost and health center info by scanning the QR code or calling 888-830-6538 | my.marathon-health.com

